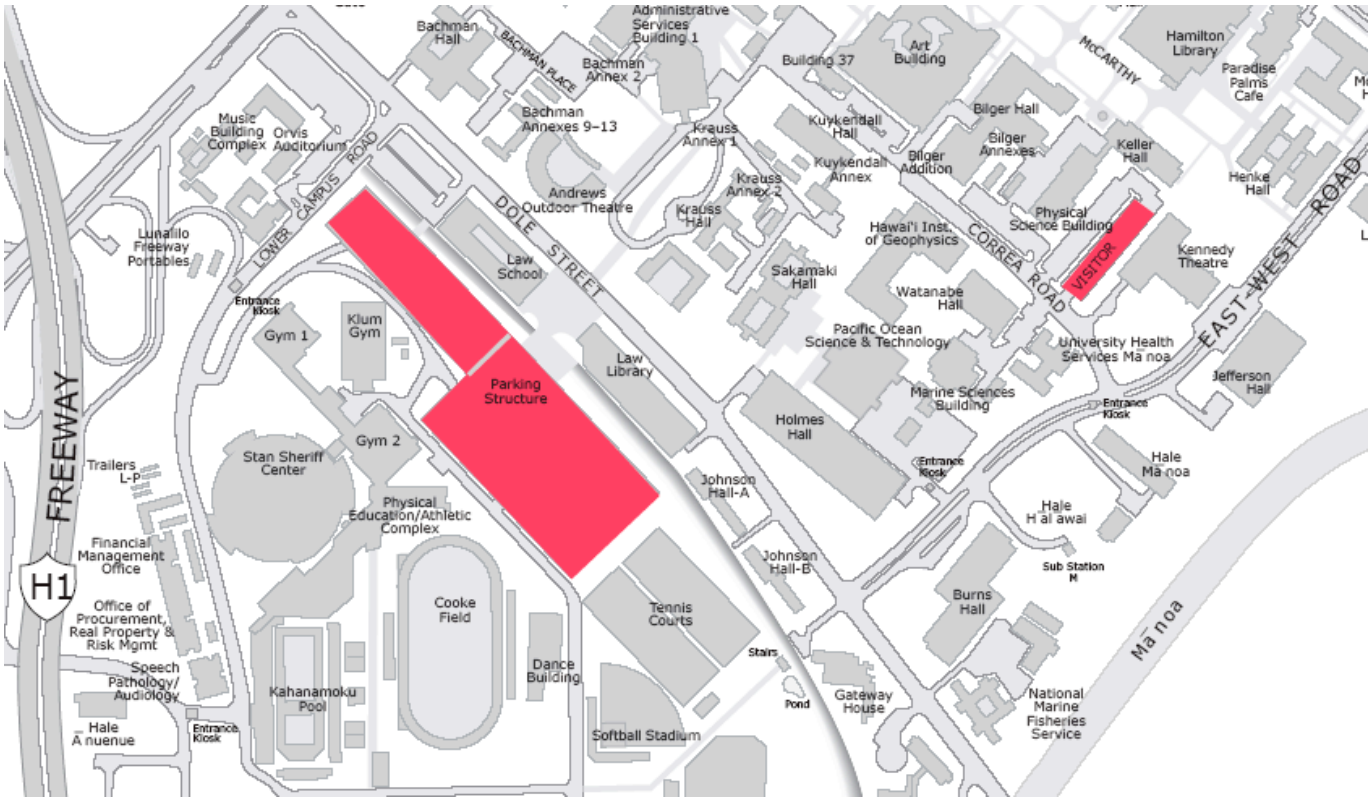
Directions to the Center for Cognitive Behavior Therapy – Child Division

1. ***Address:***
   Center for Cognitive Behavior Therapy (Center for CBT) – Child Division
   John A. Burns Hall
   1601 East-West Road
   Honolulu, HI 96848

2. ***Driving Directions from H1****:* Take the University exit. Turn right onto University Avenue. At the stop light, turn right onto Dole Street.

3. ***Parking:*** Directions from this point forward depend on where you wish to park. The Visitor Parking lot is closer to CCBT, but it is a smaller lot that fills more quickly. The Parking Structure is further from CCBT, but it is a much larger lot.

   a. *To park in the Visitor Parking Lot*: Once on Dole Street, go straight through the stop light. At the next stop light, turn left onto East-West Road. The Center for Cognitive Behavior Therapy is in the first building on your right, Burns Hall. (You can drop off your passengers here.) In order to park, however, keep going straight on East-West Road. Pay $3 at the booth for visitor parking. Turn left onto Correa Road and take your first right into the Visitor Parking Lot. Use the map below to retrace your steps back to Burns Hall.

   b. *To park in the Parking Structure*: Once on Dole Street, take your first right onto Lower Campus Road. Pay $3 at the booth and park in the structure. Then follow the map below to get to Burns Hall by going mauka on Dole Street and turning left at the stop light onto East-West Road.

4. ***Once in Burns Hall:*** Take the elevator or stairs to the 4th floor. Turn left out of the elevator (or if you took the stairs, turn right) and walk toward the end of the hallway. You will pass an exhibit of Tibetan art. At the end of the hallway on your right is a waiting area with several chairs and various books, magazines, toys, and games. You may wait there for your appointment.