

*How to contact the Child and Thought  
Disorders Program*

The Child and Adolescent Thought Disorders Program currently offers assessment, treatment, and consultation for children with emotional or behavior problems related to thought disorders (e.g., schizophrenia, psychosis NOS, schizoaffective disorder, psychotic features). The program is part of the Center for Cognitive Behavior Therapy, which is a training, research, and treatment center staffed by clinical psychologists and doctoral students in clinical psychology at the University of Hawaii. Our hours are Monday through Thursday from 9 am to 8pm, and Friday from 9am to 5pm. The Center for Cognitive Behavior Therapy is located in John A. Burns Hall, Room 4021, at 1601 East West Road on the Manoa campus. Call 808/956-9559 for more information.

**Center for Cognitive Behavior Therapy**

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**CATDP**

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## THE CHILD AND ADOLESCENT THOUGHT DISORDERS PROGRAM

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*at the*

*Center for Cognitive Behavior Therapy*



*University of Hawaii at Manoa*

*Assessment Referral Information*



## ASSESSMENT SERVICES PROVIDED

The Child and Adolescent Thought Disorders Program provides mental health assessment services for DOH Care Coordinators and schools. These assessments are consistent with the standards outlined in the Interagency Performance Standards and Practice Guidelines. Additionally, given the specific needs of youth with thought disorders, we offer neurocognitive testing as indicated. The assessment process involves a semi-structured diagnostic interview of schizophrenia and related thought disorders, as well as more common conditions such as internalizing and externalizing disorders. The assessment process should take approximately three to six hours, depending on the tests included for the particular youth. Both the parent and child are interviewed during this process. Our program places an emphasis on conducting a comprehensive mental health evaluation that involves various personnel who know the youth (e.g., Care Coordinators, psychiatrists, teachers, counselors, school services coordinator) in addition to the family.

## POPULATION SERVED

We perform assessments on children between the ages of 7 and 18. Our assessment is more appropriate for those children who can read at a second grade level or higher.

## REFERRAL PROCESS

We prefer to get started on the assessment process as soon as possible, given the

timeline restraints, therefore we respectfully request that the consent forms are faxed to us first (please see #1 below) with the referral packet (please see #2 below) being mailed to us. Our fax number is 808/956-2218.

1. Fax a copy of the Consent for Services form (or any form indicating parent/guardian consent for exchange of information and procurement of services between the DOH/DOE and the Center for Cognitive Behavior Therapy) signed by the parent, AND a contact sheet with information on how to contact the parent.
2. Then, please mail us a referral packet with as much of the following information as is available:
  - a. Consent for Service and Release of Information form
  - b. Family Information Registration Form for Mental Health Services (or and form containing family contact information)
  - c. Hawaii Department of Education Notice for Proposed Action and Consent for Assessment Evaluation/Re-evaluation
  - d. Any relevant documents pertaining to the child's past IEP meetings/recommendations
  - e. Student Status Reports filled out by teachers

- f. Teacher Report Form (TRF; Achenbach)
- g. Any scales or rating forms that have been filled out on the child by teachers
- h. Any past mental health evaluation reports concerning the child
- i. Recent grades/report cards
- j. Recent attendance records
- k. Most recent intellectual and achievement evaluations

We are aware that all of these documents might not exist for all youth, as well as that some of these forms may no longer be in use by the DOH or DOE. However, the more information you are able to supply to us prior to the evaluation, the better we are able to conduct a thorough evaluation. Please send this information by mail to:

Department of Psychology  
University of Hawaii  
Center for CBT  
1601 East West Road  
Honolulu, HI 96848

Please do not hesitate to contact us at 808/956-9559 if you have any questions about this process or any of these forms. If you call, please leave a message on our answering machine as we do not have a secretary. We will get back to you within one business day.