Zhuangzi’s Butterfly Dream

Once Zhuang Zhou dreamt he was a butterfly, a butterfly flitting and fluttering around, happy with himself and doing as he pleased. He didn't know he was Zhuang Zhou. Suddenly, he woke up and there he was, solid and unmistakable Zhuang Zhou. But he didn't know if he was Zhuang Zhou who had dreamt he was a butterfly, or a butterfly dreaming he was Zhuang Zhou. Between Zhuang Zhou and a butterfly there must be some distinction! This is called the Transformation of Things.

Section 2: Discussion on Making All Things Equal

Ziqi of South Wall sat leaning on his armrest, staring up at the sky and breathing—vacant and far away, as though he’d lost his companion. Yan Cheng Ziyou, who was standing by his side in attendance, said, “What is this? Can you really make the body like a withered tree and the mind like dead ashes? The man leaning on the armrest now is not the one who leaned on it before!”

Ziqi said, “You do well to ask the question, Yan. Now I have lost myself. Do you understand that? You have heard the piping of men, but you haven’t heard the piping of earth. Or if you’ve heard the piping of earth, you haven’t heard the piping of Heaven!”

Ziyou said, “By the piping of earth, then, you mean simply [the sound of] these hollows, and by the piping of man [the sound of] flutes and whistles. But may I ask about the piping of Heaven?”

Ziqi said, “The Great Clod belches out breath and its name is wind. So long as it doesn’t come forth nothing happens. But when it does, the thousand hollows begin crying wildly. Can’t you hear them, long drawn out? In the mountain forests that lash and sway, there are huge trees a hundred spans around with hollows and openings like noses, like mouths, like ears, like jugs, like cups, like mortars, like rifts, like ruts. They roar like waves, whistle like arrows, screech, gasp, cry, wail, moan, and howl, those in the lead calling out yeeye!, those behind calling out yuuu! In a gentle breeze they answer faintly, but in a full gale the chorus is gigantic. And when the fierce wind has passed on, then all the hollows are empty again. Have you never seen the tossing and trembling that goes on?”

Ziyou said, “By the piping of earth, then, you mean simply [the sound of] these hollows, and by the piping of man [the sound of] flutes and whistles. But may I ask about the piping of Heaven?”
Ziqi said, “Blowing on the ten thousand things in a different way, so that each can be itself—all take what they want for themselves, but who does the sounding?”

Great understanding is broad and unhurried; little understanding is cramped and busy. Great words are clear and limpid; little words are shrill and quarrelsome. In sleep, men’s spirits go visiting; in waking hours, their bodies hustle. With everything they meet they become entangled. Day after day they use their minds in strife, sometimes grandiose, sometimes sly, sometimes petty. Their little fears are mean and trembly; their great fears are stunned and overwhelming. They bound off like an arrow or a crossbow pellet, certain that they are the arbiters of right and wrong. They cling to their position as though they had sworn before the gods, sure that they are holding on to victory. They fade like fall and winter—such is the way they dwindle day by day. They drown in what they do—you cannot make them turn back. They grow dark, as though sealed with seals—such are the excesses of their old age. And when their minds draw near to death, nothing can restore them to the light.

Joy, anger, grief, delight, worry, regret, fickleness, inflexibility, modesty, willfulness, candor, insolence—music from empty holes, mushrooms springing up in dampness, day and night replacing each other before us, and no one knows where they sprout from. Let it be! Let it be! [It is enough that] morning and evening we have them, and they are the means by which we live. Without them we would not exist; without us they would have nothing to take hold of. This comes close to the matter. But I do no know what makes them the way they are. It would seem as though they have some True Master, and yet I find no trace of him. He can act—that is certain. Yet I cannot see his form. He has identity but no form.

The hundred joints, the nine openings, the six organs, all come together and exist here [as my body]. But which part should I feel closest to? I should delight in all parts, you say? But there must be one I ought to favor more. If not, are they all of them mere servants? But if they are all servants, then how can they keep order among themselves? Or do they take turns being lord and servant? It would seem as though there must be some True Lord among them. But whether I succeed in discovering his identity or not, it neither adds to nor detracts from his Truth.

Once a man receives this fixed bodily form, he holds on to it, waiting for the end. Sometimes clashing with things, sometimes bending before them, he runs his course like a galloping steed, and nothing can stop him. Is he not pathetic? Sweating and laboring to the end of his days and never seeing his accomplishment, utterly exhausting himself and never knowing where to look for rest—can you help pitying him? I’m not dead yet! he says, but what good is that? His body decays, his mind follows it—can you deny that this is a great sorrow? Man’s life has always been a muddle like this. How could I be the only muddled one, and other men not muddled?

If a man follows the mind given him and makes it his teacher, then who can be without a teacher? Why must you comprehend the process of change and form your mind on that basis before you can have a teacher? Even an idiot has his teacher. But to fail to abide by this mind and still insist upon your rights and wrongs—this is like saying that you set off for Yue today and got there yesterday. This is to claim that what doesn’t exist exists. If you claim that what doesn’t exist exists, then even the holy sage Yu couldn’t understand you, much less a person like me!

Words are not just wind. Words have something to say. But if what they have to say is not fixed, then do they really say something? Or do they say nothing? People suppose that words are different from the peeps of baby birds, but is there any difference, or isn’t there? What does the Way rely upon, that we have true and false? What do words rely upon, that we have right and wrong? How can the Way go away and not exist? How can the Way rely on little accomplishments and words rely on vain show, then we have the rights and wrongs of the Confucians and the Mohists. What one calls

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1Heaven is not something distinct from the earth and man, but a name applied to the natural and spontaneous functioning of the two.
right the other calls wrong; what one calls wrong the other calls right. But if we want to right their wrongs
and wrong their rights, then the best thing to use is clarity. [. . .]

But to wear out your brain trying to make things into one without realizing that they are all the
same—this is called “three in the morning.” What do I mean by “three in the morning?” When the monkey
trainer was handing out acorns, he said, “You get three in the morning and four at night.” This made all the
monkeys furious. “Well, then,” he said, “you get four in the morning and three at night.” The monkeys were
all delighted. There was no change in the reality behind the words, and yet the monkeys responded with joy
and anger. Let them, if they want to. So the sage harmonizes with both right and wrong and rest in Heaven
the Equalizer. This is called the walking of two roads.

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Now I am going to make a statement here. I don’t know whether it fits into the category of other people’s
statements or not. But whether it fits into their category of whether it doesn’t, it obviously fits into some
category. So in that respect it is no different from their statement. However, let me try making my statement.

There is a beginning. There is a not yet beginning to be a beginning. There is a not yet beginning to
be a not yet beginning to be a beginning. There is being. There is nonbeing. There is a not yet beginning to
be nonbeing. There is a not yet beginning to be a not yet beginning to be nonbeing. Suddenly there is being
and nonbeing. But between this being and nonbeing, I don’t really know which is being and which is
nonbeing. Now I have just said something. But I don’t know whether what I have said has really said
something or whether it hasn’t said something. [. . .]

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Nie Que asked Wang Ni, “Do you know what all things agree in calling right?”

“How would I know that?” said Wang Ni.

“Do you know that you don’t know it?”

“How would I know that?”

“Then do things know nothing?”

“How would I know that? However, suppose I try saying something. What way do I have of knowing
that if I say I know something I don’t really not know it? Or what way do I have of knowing that if I say I
don’t know something I don’t really in fact know it? Now let me ask you some questions. If a man sleeps in
a damp place, his back aches and he ends up half paralyzed, but is this true of a loach? If he lives in a tree,
he is terrified and shakes with fright, but is this true of a monkey? Of these three creatures, then, which one
knows the proper place to live? Men eat the flesh of grass-fed and grain-fed animals, deer eat grass,
centipedes find snakes tasty, and hawks and falcons relish mice. Of these four, which knows how food ought
to taste? Monkeys pair with monkeys, deer go out with deer, and fish play around with fish. Men claim that
Maoqiang and Lady Li were beautiful, but if fish saw them they would fly away, and if deer saw them they
would break into a run. Of these four, which knows how to fix the standard of beauty for the world? The way
I see it, the rules of benevolence and righteousness and the paths of right and wrong are all hopelessly snarled
and jumbled. How could I know anything about such discriminations?”

“Nie Que said, “If you don’t know what is profitable or harmful, then does the Perfect Man likewise
know nothing of such things?”

Wang Ni replied, “The Perfect Man is godlike. Though the great swamps blaze, they cannot burn him’ though the great rivers freeze, they cannot chill him; though swift lightning splits the hills and howling
gales shake the sea, they cannot frighten him. A man like this rides the clouds and mist, straddles the sun and
moon, and wanders beyond the four seas. Even life and death have no effect on him, much less the rules of
profit and loss.”
“He who dreams of drinking wine may weep when morning comes; he who dreams of weeping may in the morning go off to hunt. While he is dreaming he does not know it is a dream, and in his dream he may even try to interpret a dream. Only after he wakes does he know it was a dream. And someday there will be a great awakening when we know that this is all a great dream. Yet the stupid believe that they are awake, busily and brightly assuming they understand things, calling this man ruler, that one herdsman—how dense! Confucius and you are both dreaming! And when I say you are dreaming, I am dreaming, too. Words like these will be labeled the Supreme Swindle. Yet, after ten thousand generations, a great sage may appear who will know their meaning, and it will still be as though he appeared with astonishing speed.

"Suppose you and I have had an argument. If you have beaten me instead of my beating you, then are you necessarily right and am I necessarily wrong? If I have beaten you instead of your beating me, then am I necessarily right and are you necessarily wrong? Is one of us right and the other wrong? Are both of us right or are both of us wrong? If you and I don't know the answer, then other people are bound to be even more in the dark. Whom shall we get to decide what is right? Shall we get someone who agrees with you to decide? But if he already agrees with you, how can he decide fairly? Shall we get someone who agrees with me, how can he decide? Shall we get someone who disagrees with both of us? But if he already agrees with both of us, how can he decide? Shall we get someone who agrees with both of us? But if he already agrees with both of us, how can he decide? Obviously, then, neither you nor I nor anyone else can know the answer. Shall we wait for still another person?

"But waiting for one shifting voice [to pass judgment on] another is the same as waiting for none of them. Harmonize them all with the Heavenly Equality, leave them to their endless changes, and so live out your years. What do I mean by harmonizing them with the Heavenly Equality? Right is not right; so is not so. If right were really right, it would differ so clearly from not right that there would be no need for argument. If so were really so, it would differ so clearly from not so that there would be no need for argument. Forget the years, forget distinctions. Leap into the boundless and make it your home!"

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Penumbra said to Shadow, “A little while ago you were walking and now you’re standing still; a little while ago you were sitting and now you’re standing up. Why this lack of independent action?”

Shadow said, “Do I have to wait for something before I can be like this? Does what I wait for also have to wait for something before it can be like this? Am I waiting for the scales of a snake or the wings of a cicada? How do I know why it is so? How do I know why it isn’t so?”

Once Zhuang Zhou dreamt he was a butterfly, a butterfly flitting and fluttering around, happy with himself and doing as he pleased. He didn't know he was Zhuang Zhou. Suddenly, he woke up and there he was, solid and unmistakable Zhuang Zhou. But he didn't know if he was Zhuang Zhou who had dreamt he was a butterfly, or a butterfly dreaming he was Zhuang Zhou. Between Zhuang Zhou and a butterfly there must be some distinction! This is called the Transformation of Things.

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