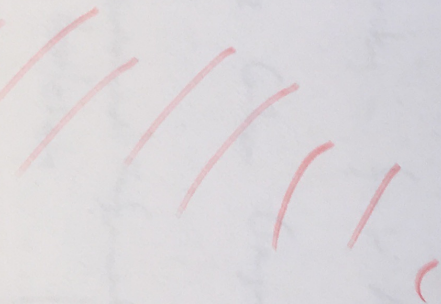
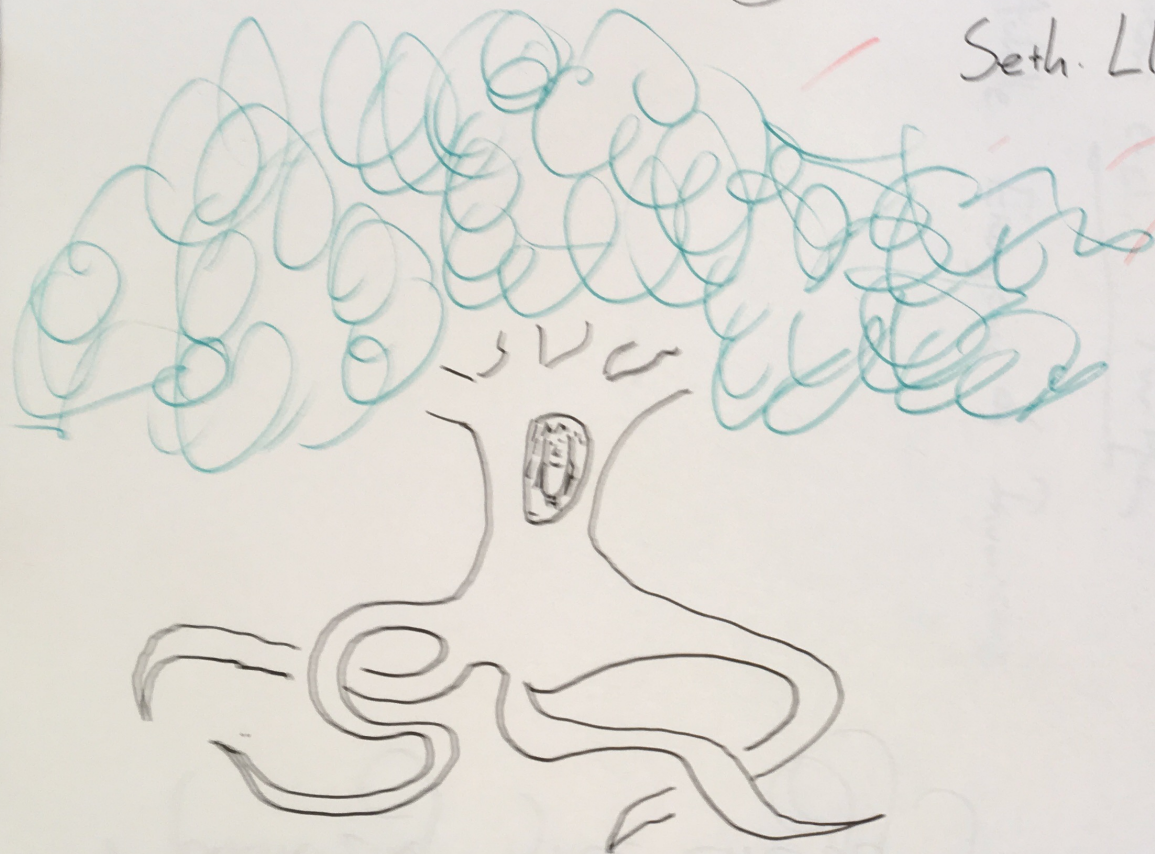


The free energy game

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Free energy:

$$F = \langle E \rangle - TS = \sum_x p(x) E(x) - T \left(- \sum_x p(x) \ln p(x) \right)$$

energy - temperature \times entropy

Extractable work:

$$W^{ex} = F - F_{\text{thermal}}$$

$$= T \left(- \sum_x p(x) \ln \frac{p_{\text{th}}(x)}{p(x)} \right)$$

$$= T D(p \| p_{\text{th}})$$

$$P_{\text{thermal}}(E) \propto e^{-E/kT}$$

Free Energy Increase

Stochastic process: $p(x, | x_0)$

$$p(x, \cdot) = \sum_{x_0} p(x, | x_0) p(x_0)$$

$$\Delta F = F_1 - F_0$$

$$\Delta W^{ex} = W^{ex1} - W^{ex0}$$

Goal: choose $p(x_0)$ to maximize $\Delta F, \Delta W^{ex}$

Theorem: Let $q_0(x)$ be the initial distribution that maximizes ΔF , and let $r_0(x)$ be another, potentially sub-optimal initial distribution. Then the difference between the optimal increase and the sub-optimal increase is

$$\Delta F(q) - \Delta F(r) = T(D(r_0 \| q_0) - D(r, \| q_0))$$

Theorem:

$D(r_0 \| q_0) - D(r_1 \| q_1)$ is convex in r_0 .

\Rightarrow optimal free energy harvesting state can be found
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